

Resources for Military (active and reserve) and families in the Pittsburgh Area

Commissary at 316th Expeditionary Sustainment Command

Location : 89 Soldiers Lane, Coraopolis, PA 15108 (next to the Army 316th Expeditionary Sustainment Command)

Hours: Tuesday-Friday, 0900-1830, and Saturday, 0900-1700

Phone Number: 412-375-6310

Website: <http://www.commissaries.com/stores/html/store.cfm?dodaac=HQCNFA>;

Exchange at 316th Expeditionary Sustainment Command

Location: 89 Soldiers Lane, Coraopolis, PA 15108 (next to the Army 316th Expeditionary Sustainment Command)

Hours: Tuesday-Friday, 0900-1830, Saturday 0900-1700 **OPEN** on **Sunday** of drill/UTA weekends (generally 1st and 3rd weekends) from 0900-1730

Phone Number: 412-329-7979

Website: Not available at this time.

Barber Shop at 316th Expeditionary Sustainment Command

Location: In the entrance to exchange

Hours: Tuesday-Friday, 0900-1830, Saturday 0900-1700

Phone Number: Same as exchange, 412-329-7979

Barber Shop at 911th Airlift Wing

Location: 911th Airlift Wing, business 376, Building 300,

Hours: Mon-Fri-0900-1630 drill weekend, Sat, 0630-1230

Phone number: call for app't, 412-474-8328

ID Cards/Defense Enrollment Eligibility Reporting System (DEERS)- Strongly urge to call each site to confirm machines are working, staff available and to make appointments.

316th Sustainment Command

Business 376 near the airport and the 911th Air Reserve Wing, (99 Soldiers Lane) Coraopolis, PA 15108.

POC: Dawn Cronin, CAC/DEERS Operator, 412-604-8319. Please call in advance to check operating hours and ensure you bring the proper documentations before making the trip.

Navy Operational Support Center (NOSC) Pittsburgh

1265 Rocky Lane, Moon Township, PA 15108 (aboard 911th Airlift Wing) Monday-Thursday by appointment o 8:30-10:30 A.M, 1300-1600. Walk-ins accommodated. Call 412-776-4000 for an appointment or to confirm a walk-in can be accommodated. Confirmation of required documentation is suggested when setting up your appointment.

911th Airlift Wing,

Business 376, Bldg 316, Rm 20, Monday-Friday, 7:30 AM-1500, appointment required), 412-474-8526.

171st Air National Guard

300 Tanker Rd, Coraopolis, PA 15108, Monday-Friday, 7:00 A.M.-1600. Call to confirm staff available, appointments recommended. 412-776-7485.

301st RSG

360 Evans City Road, Butler, PA, 16001 Call for hours, and appointment (required). 724-287-8044.

Pennsylvania Army National Guard, 2nd BCT

125 Goodridge Lane Washington, PA, 15301 No set hours and appointment required. POC: SFC Holly Dami, (only person doing ID cards, supplemental duty). 724-223-4572, ext 116.

Additional sights for obtaining I.D. cards can be found at:

<http://www.dmdc.osd.mil/rsl/appj/site?execution=e1s1>

Legal

- To hire an attorney, contact the Lawyer Referral Service, www.acbalrs.org, 412-261-5555. If your income is very low (and the criteria varies), you can reach out to the following resources for reduced price or free services.
 - **Modest Means Program**, www.acbalrs.org/About/Afford-an-attorney.asp, 412-261-5555. Provides referrals to reduced-fee and flat-fee attorneys for certain legal problems.
 - **Neighborhood Legal Services Association**, www.nlsa.us. Phone: 412-255-6700; Toll Free: 866-761-6572. Telephone Hours: Monday-Friday 9:00 a.m.-11:30 a.m. and 1:00 p.m.-2:30 p.m. Office Hours: Monday-Friday 9:00 a.m.-3:00 p.m
 - **Pro Bono Center of the Allegheny County Bar Foundation**, www.pittsburghprobono.org, 412-402-6677. Barbara Griffin, Esq., Director, 412-402-6668.

- **Veteran's Leadership Program Western Pennsylvania**, www.vlpwpa.org, 412-481-8200. Provides referrals to Neighborhood Legal Services Association amongst the many services they provide (housing, employment, financial counseling, etc.).
- **Veterans Legal Clinic**, 412-363-8761. Provides legal advice to veterans on a variety of legal issues, including obtaining benefits to which the veteran may be entitled. No criminal law or family law..
- JAG at the 911th--during drill (UTA) weekends, 412-474-8840 military issues or 412-474-8681 civilian issues. Very limited services available.
- Dave Coogan (517-410-4873, coogan.dave@gmail.com) is a student of the Pitt Law program and has secured funding for a Veterans Legal Clinic at Pitt. He is open to assist Service Members (although may have limitations) and most likely has referrals if he can't help.
- Daniel Kunz (412-396-5287, kunz575@duq.edu) sits on the Allegheny County Bar Association's Military and Veterans Affairs Committee. He is with Duquesne University School of Law and Veterans Court.

Family Support Centers

Army Strong Community Center (ASCC) (Family Support Center)-provides services to all service members (including Coast Guard) and families.

Location: 316th Sustainment Command, business 376 near the airport and the 911th Air Reserve Wing, (99 Soldiers Lane) Coraopolis, PA 15108. POC: Lisa Ellek,

Office: 412- 604-8314 Toll Free: 800-400-2650 x3813

Fax: 412-507-3816, lisa.m.ellek.ctr@mail.mil

Website: <http://www.arfp.org/index.php/programs/army-strong-community-center-asc> This web site provides a link to the monthly newsletter which is full of information on resources.

The ASCC assists Military Members and their families with information on benefits and entitlements, TRICARE (Medical and Dental information), VA benefits (including GI Bill), employment/resume assistance, emergency assistance, community resources. ASCC can also provide referrals for Post-Traumatic Stress Disorder (PTSD), family management, addiction, suicide awareness, financial assistance, legal assistance, food, clothing and housing. The ASCC also provides: on-site resources including a lending library, children's play area and internet-enabled computer.

Additional Programs available at the Army Strong Community Center

• Child, Youth & School Services (CYSS)

- Clarence Washington, Youth Services Specialist, 412-604-8203
- Vicki Buck, Youth Services Specialist, 412-604-8204
- Ty Beck, School Support Specialist, 412-604-8202
 - Child Care Solutions
 - Locate quality and affordable child care in the community
 - Identify subsidy option for child care fees
 - Youth Development Opportunities
 - Foster relationships between military youth
 - Connect Families with youth development activities and camps
 - Create teen leadership opportunities
 - School Support Services
 - Provide training for school staff serving military youth
 - Educate the community about the military lifestyle
 - Coordinate School Liaison personnel with education organizations

• Survivor Outreach Services (SOS)--geared towards Army but provides services to all.

- Christopher Morrow, 412-604-8166
- SOS delivers on the Army's commitment to Families of the Fallen. SOS connects families with resources and provides an emotional link to the Army. SOS services surviving Families for as long as the Family desires.
 - The Support Coordinator links surviving families with local resources which meet their particular needs as well as providing immediate and ongoing emotional support.

• Employment Services--available for member and spouses

- POC, John Thase, career Employment Specialist, 412-604-8316, John.f.thase.ctr@mail.mil.
- Provides assistance with finding employment, resume preparations, etc

Airman & Family Readiness Center (A&FRC)--911th Airlift Wing

Location : 2475 Defense Ave, Coraopolis, PA 15108-4403. POC: Sharon Proctor Office Room Number: 111
Office: 412-474-8544 Commercial: 1-800-235-7780 FAX: 412-474-8543

Hours: Monday through Friday 0630 A.M. - 1500 P.M. Saturday & Sunday UTA Weekends 0700-1600 hours

Air Force Casualty Office

Location: 2475 Defense Ave, Coraopolis, PA 15108-4403

Office: 412-474-8558 or 412-474-8559

Hours: Monday through Friday 0630A.M. -1600 P.M.; Saturday's of UTA Weekends 0630 A.M. - 1500 P.M.

911th Airlift Wing Services

Lodging--<http://www.pittsburgh.afrc.af.mil/>

Location: 911th Airlift Wing, business 376

Phone Number: 412-474-8230, DSN 312-277-8320.

Cost: Single Room (1 full bed), \$53.25, Suite (queen bed, pull out sofa, kitchenette): \$ 66.75

Fitness Center

Location: 911th Airlift Wing, business 376

Hours: Mon-Thurs 0630-1700, Friday, 0630-1600. Drill/UTA weekends: Sat: 0530-2100; Sun: 0530-1400

Phone Number: 412-474-8245

Recreational Equipment Rental/Pavilion Rental

Location: 911th Fitness Center, 911th AirliftWing, business 376

Phone Number: 412-474-8245

Information Tickets Tours (ITT)

Provides reduced price tickets for events, amusement parks (Kennywood, Disney Land/World, Pittsburgh Zoo, Sandcastle, etc)

Location: 911th Fitness Center, 911th Airlift Wing, business 376

Phone Number: 412-474-8245

Space Available Travel

171st Air Refueling Wing (KC-135): 412-776-7608, recording of flights, 412-776-7531

911TH Airlift Wing (C-130): Airfield Managers, 412-474-8163

Air Mobility Command (AMC) website: <http://www.amc.af.mil/amctravel/>

Housing/Employment/miscellaneous assistance

Name: Veterans Leadership Program of Western Pennsylvania

Location: 2417 East Carson St, Pittsburgh, PA 15203

Phone Number: 412-481-8200

Website: <http://www.vlpwpa.org/>

American Red Cross

Service to the Armed Forces Representative 412-263-3100

- -Emergency Communication for deployed and/or state-side service members and their family.
- -Emergency Financial Assistance consideration through Military aid Societies
- -Pre and Post Deployment workshops
- Disaster Assistance (fire, flood.....)
- Volunteer Opportunities

Key Web-Sites/Other resources:

Military One Source: <http://www.militaryonesource.mil>

Operation Military Kids (PA): <http://www.operationmilitarykids.org/public/getInvolvedBy.aspx?state=Pennsylvania>

Military Family Network™ works with the military, government, organizations, businesses and military families to create a community of expert and trusted resources both online and off. Using this information, military families can build their own personal support networks, get connected, customized to their family needs, and increase their readiness and well being. <http://www.militaryfamilynetwork.com/>, local POC: Ms. Megan Turak, 412-531-1970, mturak@militaryfamilynetwork.com

Checkpoint <http://www.thecheckpoint.org/> as founded by an Iraq Veteran in Pittsburgh in January 2014 to stitch together all of the things happening in the region's Veteran and military communities and put them into a single, easy-to-use tool where Veterans and military members can find out about local resources, events, news, and more. Checkpoint also incorporates user reviews so that you can not only find the things that are around you, but also those that are the most relevant to people just like you. Checkpoint is the destination that makes it easy for you to find and understand the things that can impact your life. Learn more at www.thecheckpoint.org.

Sitter City <https://www.sittercity.com> Free membership for DOD families. Go to left side bottom of page for link. Can search for babysitters, nannies, etc

Updated/complied by Paula Bozdech-Veater, bozdechvpm@aol.com,; Amanda Jensen, nospittsburghombudsman@gmail.com, 3 December 2014